

Curriculum vitae

Dr. Juan Pablo Leiva Santos

MSc in Palliative Medicine

Specialist in Family Medicine

Consultant for leadership education for
healthcare professionals & firefighters

PhD student at University Autonomous
of Barcelona, Spain.

CURRICULUM VITAE

PERSONAL INFORMATION

Name **JUAN PABLO LEIVA SANTOS**
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E-mail dr.jpleiva@gmail.com ; jpleiva@hmanacor.org
Nationality Salvadorean; Spanish citizen
Date of birth 15/03/1979

WORK EXPERIENCE

- FROM APRIL 2016 TO PRESENT: **HEAD OF THE INTEGRATION OF PALLIATIVE & SUPPORTIVE CARE AT MANACOR HOSPITAL IN MALLORCA. BALEARIC NATIONAL HEALTH SYSTEM.** My main responsibility is the design & implementation of strategies and actions to reach a hospital-wide integration of palliative care for medical and surgical specialties at Manacor Hospital. These strategies and actions consist of clinical care programs, research projects, and the development of educational programs. Our team is becoming a national reference for renal palliative care programs and we are teaching in our facilities and participating in numerous teaching activities at regional and national levels. Since 2018, we have created a multidisciplinary team committed to offering a leadership education for healthcare professionals in our region.
- FROM MAY 2013 TO APRIL 2016: **PALLIATIVE CARE CONSULTANT AT CUDECA HOSPICE FOUNDATION. BENALMADENA, MÁLAGA, SPAIN.** My duty was to take care of and be in charge of patients admitted to the inpatient unit of CUDECA-Hospice. I did so in annual rotations between inpatient units and the home care team, where I was working for two years taking care of patients and their families at their homes. An outpatient clinic agenda was also part of our weekly schedule. I was responsible for teaching palliative care to GPs in their continuous educational program, as well as mentoring trainees who were doing their elective palliative care rotation in our institution.
- FROM MAY 2009 TO APRIL 2013: **FAMILY & COMMUNITY MEDICINE SPECIALTY TRAINEE. SPANISH PROGRAM FOR MEDICAL SPECIALTIES. SEGOVIA. SPANISH HEALTH SYSTEM.** I received my training based on clinical and academic activities. The clinical activities consisted of monthly clinical rotations through all the medical specialties of the General Hospital of Segovia, taking care of patients in wards, and the outpatient clinic; 24 hours on duty for the E&A department and for the Internal Medicine department, amounting to 4,600 hours of clinical work on duty. Primary care was the core of academic-clinical work during the fourth year of the training, after which I received the European accreditation of Specialist in Family Medicine.
- FROM DECEMBER 2007 TO APRIL 2009: **PALLIATIVE CARE JR. PHYSICIAN AT CUDECA HOSPICE FOUNDATION. BENALMADENA, MÁLAGA, SPAIN.** My

main responsibility was taking care of people at the inpatient unit of CUDECA-Hospice and for patients in home care programs.

EDUCATION AND TRAINING

- From September 2019 to present: , I am a PhD student (part time). **International PhD program of the Autonomous University of Barcelona, Spain. Thesis project: An innovative healthcare leadership model based on self-care.** Supervised by Prof. Julio Pascual (UAB) and Dr. Noemí Sanso (UIB). I am studying the collectivistic leadership interventions documented across the healthcare sector worldwide, analysing them from a SWOT (strengths, weaknesses, opportunities and threats) perspective in order to design an intervention to teach collectivistic leadership for health care professionals. My intervention will add an innovative component which is incorporating functional training as a key element of self-care & personal development, which are well-known as the basis for a great leader.
- From November 2018 to present member of the **Faculty of Medical Leadership and Management (FMLM)**. United Kingdom. FMLM works to promote excellence in leadership on behalf of all doctors in public health, primary and secondary care and at all stages of the medical career from medical student to medical director. I participate in conferences and webinars.
- From September 2015 to April 2017: **European Palliative Care Academy (EuPCA) Leadership Course**. Project Management: Development of a death & dying curriculum for Spanish firefighters. The EuPCA is a joint project of the Robert Bosch Foundation, Germany and four related academic centres: The University Hospital of Cologne, Germany; Nicolaus Copernicus University, Torun, Poland; Hospice Casa Sperantei, Brasov, Romania; and King's College London, Cicely Saunders Institute, UK. The EuPCA works in collaboration with the European Association for Palliative Care. The EuPCA meets the demands of level 7 of the European Qualifications Framework for lifelong learning. The skills covered were teamwork, self-development, project management, teamwork, research, advocacy and best practices across European countries.
- From May 2009 to April 2013: **Family & Community Medicine Speciality Training. Spanish Program for Medical Specialties. Segovia. Spanish Health System.** I received my training based on clinical and academic activities, whereupon I received the European accreditation of **Specialist in Family Medicine**, which meets the demands of level 8 of the European Qualifications Framework for lifelong learning. My elective rotation was a six-month period in renal palliative care (clinical-research), supervised by Dr. Sara Davison at University Hospital of Edmonton, Alberta, Canada. I participated in an optional renal palliative care mentoring by Dr. Fliss Murtagh at Cicely Saunders Institute, King's College London. As part of my renal palliative care training, I researched Pain on Kidney Transplant Patients at University Hospital of Donosti, San Sebastian, Basque Country, Spain.
- From September 2011 to June 2012: **Master of Science in Palliative Medicine. University of Salamanca.** Participants in this multidisciplinary education were physicians, nurses, psychologists and physiotherapist (60 credits). My final project was an analysis of palliative care needs in the oncological emergency visits to the E&A Department. The master's degree meets the qualification framework for the European Higher Education ruled by the Bologna Process.
- From January 2008 to November 2010: **Master of Science in Palliative Medicine. Autonomous University of Madrid.** This master's degree is offered to physicians exclusively, creating an environment in which highly technical medical discussions were encouraged (120 credits). My final project was entitled: The Diagnostic Utility of Demoralization Syndrome in Patients with Existential Distress Criteria Who Required Palliative Sedation Therapy. This study was selected for an oral presentation in the

- From January 1998 to December 2006: **Doctor in Medicine. University of El Salvador. Central America.** The School of Medicine, in the University of El Salvador, has a long tradition and regional recognition since 1849. Its program is divided into three periods. First, the students focus on academic and experiential training exclusively for three years. The second period also lasts three years and it is a combination of academic studies plus a gradual immersion in hospital work. We went from learning how to interview the patient and use basic tests, for example, image-tech and lab test, to reaching a clinical diagnosis, all of which happens during the fourth year. Then we start on-duty service for 12-hour shifts, the on-call service is mandatory during the fifth and sixth years. The third period starts in the seventh year when we are immersed for 365 days with no days off. The title is an "Intern Physician", which essentially means you live in the hospital and every 2.5 months you move to a new hospital specialty. The eighth year is devoted to community service, where undergraduates get an official registration number from the College of Physicians and start working in rural clinics across the country for the National Health System. In my case, I decided to start my palliative care education and I reached an agreement with the University and the National Health System, and was allowed to work exclusively at the Divina Providencia Hospital, in San Salvador, where I started my education in the field that inspired me, and in which I still work.

PERSONAL SKILLS AND COMPETENCES

MOTHER TONGUE

OTHER LANGUAGES

- Reading skills
- Writing skills
- Verbal skills

SPANISH

ENGLISH

Excellent.
Excellent
Good.

GERMAN

Basic
Basic
Basic

ORGANISATIONAL SKILLS AND COMPETENCES

Coordination and administration of people, projects and budgets; at work, in voluntary work (for example culture and sports) and at home, etc.

TECHNICAL SKILLS AND COMPETENCES

RESILIENCE LEADERSHIP.

ADVOCACY.

CRITICAL THINKING

COUNSELLING ORGANIZATIONAL

TEAMWORK

COMPASSION LEADERSHIP

DEVELOPMENT OF SKILLS FOR STRATEGIES IN THE INTEGRATION-INNOVATION OF HEALTH PROCESS

PARTICIPANT AT HACKATHON IN HEALTHCARE AND SOCIAL SCIENCES BY SCIANA. INNOVATE. HEALTHCARE. ZÜRICH. SEPTEMBER 2019. TEAM WINNER OF THE MOST PATIENT BENEFIT AWARD.

VIDEO AND ANIMATION FOR TEACHING-LEARNING PURPOSES.

CLINICAL SKILLS: PARACENTESIS. THORACENTESIS. MINOR SURGERIES.

PUBLISHED ARTICLES
Music, writing, design, etc.

- **Juan Pablo Leiva Santos**, Helena García-Llana, Victor Pablo, Maya Liébana, Allan Kellehear, (2018) "Death in the Spanish fire services: a curriculum development study", *International Journal of Emergency Services*, <https://doi.org/10.1108/IJES-04-2017-0020> Permanent link to this document: <https://doi.org/10.1108/IJES-04-2017-0020>
- **Leiva Santos, JP**; Julià Mora, JM; Jaume Riutort, C; Calls Iniesta, J; Tura Rosales, D. The Development of a Withdrawal Dialysis Protocol Based on the Integration of a Renal Palliative Care Team in an Acute Hospital. *Pall Med* 2018; 10th World Research Congress of the European Association for Palliative Care 3-330; pp: 103.
- **Leiva-Santos, JP**; Jaume Riutort, C; Julià Morà, JM; García Melendreras, S; Gorro Caelles, J. The Intro-PAC-WDC Protocol to Support Dialysis Withdrawal Care and the Perspectives of Patients' Close Relatives. *Pall Med* 2018; 10th World Research Congress of the European Association for Palliative Care 3-330; pp:103.
- **Leiva-Santos JP**, Sanchez-Hernandez R, Garcia-Llana H et al. Renal supportive care and palliative care: Revision and proposal in kidney replacement therapy. *Nefrología* 2012; 32: 20–27.
- Gutiérrez Sánchez D, **Leiva-Santos JP**, Cuesta-Vargas AI. Symptom Burden Clustering in Chronic Kidney Disease Stage 5. *Clin Nurs Res*. 2017. Available: <https://www.ncbi.nlm.nih.gov/pubmed/2911515>
- Gutiérrez Sánchez D, **Leiva-Santos JP**, López M, José M, Vargas C, I A. Symptomatic profile of patients with Chronic Kidney Disease Stage 4 and 5 (Perfil sintomático de los pacientes con Enfermedad Renal Crónica Estadio 4 y 5). *Enfermería Nefrológica*. 2017. Available: http://scielo.isciii.es/scielo.php?script=sci_arttext&pid=S2254-28842017000300259
- **Leiva Santos JP**. Cuidados Paliativos: Concepto, ¿Cuándo iniciar los Cuidados Paliativos?, ¿Cuándo implicar los recursos avanzados en Cuidados Paliativos?, Control de síntomas, Situación de Últimos Días de Vida y Sedación Paliativa. En: Propuesta de manejo conservador en pacientes con enfermedad renal crónica avanzada. Guía clínica. Junta de Andalucía. ISBN 978-84-697-4951-7.
- García-Llana H, Leiva **Santos JP**. Apoyo psicológico para el paciente y su familia. En: Propuesta de manejo conservador en pacientes con enfermedad renal crónica avanzada. Guía clínica. Junta de Andalucía. ISBN 978-84-697-4951-7
- **Leiva Santos JP**. Cuidados de Soporte y Cuidados Paliativos Renales. En: Curso de formador de formadores de cuidadores de enfermos renales crónicos. Manual del alumno. Sevilla: New Health Foundation. Calidad Social y Sanitaria. España.
- **Gutiérrez-Sánchez D, Leiva-Santos JP, Sánchez- Hernández R**, Hernández-Marrero D, Cuesta-Vargas AI. Spanish modified version of the palliative care outcome scale-symptoms renal: cross-cultural adaptation and validation. *BMC Nephrology*. 2016. Available: <https://www.ncbi.nlm.nih.gov/pubmed/27863475>
- Ian Blanco Mavillard, **JP Leiva Santos**, Gregorio Bolaños Herrezuelo, Catalina Jaume Riutort, Joana María Julià, Miguel Ángel Rodríguez Calero. Evaluación de necesidades paliativas en el paciente con enfermedad renal crónica en hemodiálisis. *Revista de la Sociedad Española de Enfermería Nefrológica*. 2017.
- **Assessment and Management of Chronic Pain in Renal Transplant Patients. Prospective observational study**. 1st author. Presented as a poster communication in XLI National Meeting of Spanish Nephrology Society, Sevilla October 2011, Spain. Accepted for poster exhibition in the 7^o World Research Congress of the European Association of Palliative Care. Trondheim June 2012. Norway.

- **Patient Dignity Inventory in Spinal Cord Injury: a case report.** 1st. author. Oral communication in XXVIII Annual Meeting of Spanish Paraplegia Society. Granada, November 2011. Spain
- **Implementation of Palliative Care for Chronic Disease: a priority challenge – the experience of Nephrology Department.** Descriptive related. First author. Oral communication in the Third National Meeting of Chronic Disease in Spain. Osakidetza-Donostia, Country Basque, May 2011. Spain
- **Diagnostic Utility of Demoralization Syndrome in Patients with Existential Distress Criteria, which required Palliative Sedation.** Proffered paper. First author. 18th International Congress on Palliative Care, October 2010, Montreal.
- **Need to Implement Palliative Care for Patients with Solid Tumour Diagnosis. National Rosales Hospital. El Salvador.** First author. First prize at the First Conference of Pain and Palliative Care in Central America, December 2006. Guatemala
- Cuidados Paliativos Renales en Enfermedad Renal Crónica (Renal Palliative Care). Book. Editors: Alberto Alonso Babarro, Helena Garcia Llana, **Juan Pablo Leiva Santos**, Rosa Sánchez Hernández. Primera edición, noviembre 2018. Depósito legal: B255503-2018 ISBN: 978-84-86671-92-1. Copyright: Sociedad Española de Nefrología (SEN. Editado por Pulso ediciones SL

PUBLISHED BOOKS

Competences not mentioned above.

SPORT & ARTS SKILLS

Sports: Passionate by functional training. Paddle surf. Climbing. Roll-skating.

Music: Cello learning in a very basic stage.

Arts: self-taught painter